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# Go Out And Play!: Favorite Outdoor Games From KaBOOM!



## Synopsis

Go outside and play! Here, at your fingertips, are how to's for more than seventy best-loved games, all set to spread the fun of active play to kids of all ages. Do you know how to draw a hopscotch grid? What's the silliest challenge in the game of sardines? How do you keep from being "out" in SPUD? Is there any way to escape the blob? This lively, infectious guide to games runs the gamut from classic to contemporary: kick the can, freeze tag, blindman's bluff, red light green light, four square, duck duck goose, and so many more. It's all sparked by KaBOOM!, a nonprofit with a passion for creating outdoor play spaces nationally and around the world. For KaBOOM!, play is serious business! So this guide also includes tips for adults on how to encourage and facilitate outdoor play as well as a wealth of resources on how to help create more play spaces in your own community.

## Book Information

Paperback: 104 pages

Publisher: Candlewick; Original edition (March 13, 2012)

Language: English

ISBN-10: 0763655309

ISBN-13: 978-0763655303

Product Dimensions: 7.6 x 0.3 x 8.9 inches

Shipping Weight: 13.6 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars [See all reviews](#) (5 customer reviews)

Best Sellers Rank: #702,174 in Books (See Top 100 in Books) #70 in [Books > Children's Books > Sports & Outdoors > Camping](#) #1921 in [Books > Children's Books > Activities, Crafts & Games > Games](#) #26354 in [Books > Sports & Outdoors](#)

Age Range: 5 - 9 years

Grade Level: Kindergarten - 4

## Customer Reviews

Filled with great outdoor activities that are easy to set up and easy to implement, this book is a must have for any parent or teacher. Even better though is the fun that will be had by all in these games. I tried a number of these with my own girls and we had a blast. While I had seen and tried out a number of these games before, there were still quite a few that I had never heard of which was great! On top of this, the book was very colorful with great images and it was so easy to follow. Anyone that has children, works with children or is an advocate for children will gain so much insight

from reading this book!

Childhood obesity is a real hot button topic and as a preschool teacher, I want to help combat that problem with my preschoolers and me, so I had been looking for a resource with the outdoor games that my friends and I grew up with in the days of Captain Kangaroo and Romper Room, so when I came across this book in the magazine, "Family Fun", I took time to read the description. When the description said that it featured classic children's games, I was thinking it was full of the "old school" games that my generation grew up on, like "Red Rover", Tag, etc, the good old games that kept us busy for hours on Saturdays and summer days, but it wasn't. Instead, it has games that I've never heard of, but am anxious to use with my 4s and 5s. I don't have the time to sit down and go through all of these games like I want to, so I'm going to do it over the summer.

You know you're dating yourself when you say, "When I was your age, we did not have electronic toys. We went outside and made up games, playing and running around all day long." Frankly, I thought those days were over until I read *Go Out and Play: Favorite Outdoor Games* from KaBOOM. KaBOOM (nonprofit) was created by Darrell Hammond with the mission to keep children active and playing, while using their imaginations. What a stellar idea that was and what a big hit KaBoom has been! *Go Out and Play* is simple, yet delightful. Page after page, you will find indoor and outdoor tag, hide and seek, ball, team, sidewalk, circle, race and other games to keep your little ones active and busy all day, just like you did when you were a kid. Remember Marco Polo, Mother May I?, Egg and Spoon Race and Red Rover? There are plenty of games like these in the book, plus some new ones your kids will want to try. There's an intro from Darrell Hammond as well as information in the back of the book about getting and keeping kids active with a call to action. In this age of sedentary living, computers, iPads and video games, any book, toy or product that encourages kids to get up, get out and play is a winner. There's nothing like seeing children engaged in old-fashioned good fun, burning up energy and staying fit while having a ball. And perhaps just as wonderful is the fact that these activities don't cost a dime! Reading this book reminded me of a sidewalk game with chalk and a ball my older sister and I played for years called Rolly Polly. I remember winning much more often than she did, but she insists I've got that all wrong. Now I'm in the mood for playing Follow the Leader. I'm the leader. Are you in?

Brings back many happy childhood memories. I hope this book will give some of our young people new games to play and they will in turn build their own memories.

Exactly what I wanted

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